



April 2023 Newsletter - Happy National Occupational Therapy Month!

TAYLOR

PHYSICAL THERAPY

April is National Occupational Therapy Month and to celebrate, we want to highlight our team of skilled occupational therapists and the services they provide to help improve your patient's quality of life! Taylor Physical Therapy proudly employs four occupational therapists who are passionate about bringing possibilities to their patient's lives! Read more about them below.



Lynda Bohlmann, OTR/L Parkersburg, Nashua, and at Waverly Health Center

Lynda graduated in 2017 from Concordia University of Wisconsin with her Master of Occupational Therapy degree. Lynda treats the patients in a variety of settings - outpatient, home health, nursing home, and hospital inpatient. She enjoys treating and interacting with patients of a variety of ages and is one of two occupational therapists to treat both the adult and pediatric populations!



Sara Hennessy, OTR/L, CLT Sumner and Denver

Sara graduated from St. Ambrose University with a Bachelor of Science degree in Occupational Therapy and Psychology in 1997. She has many years of experience in both the inpatient, outpatient, and home health care settings. Being able to work with persons who have had a hand, wrist, forearm or elbow injury is a passion! She is also trained to treat lymphedema in both the upper and lower extremities. The wonderful variety of diagnoses and clients is exciting and motivating for Sara.



Margo Jebe, OTR/L Nashua and at Waverly Health Center

Margo graduated from Iowa State University with a Bachelor of Science degree in Leisure Studies and an emphasis in Speech-Language Pathology. She enhanced her knowledge by moving on to graduate from the University of Kansas Medical Center with a Bachelor of Science degree in Occupational Therapy. Margo primarily provides inpatient and outpatient care while assisting with home health and nursing home patients.



Bailie Schipper, OTR/L Parkersburg and at Waverly Health Center

Bailie graduated from Allen College with a Master's of Science degree in Occupational Therapy in 2019. Bailie enjoys working with a variety of different patients ranging in age and condition. Currently Bailie provides care to inpatient, *adult and pediatric outpatients*, as well as some home health and nursing home patients. Bailie's favorite part of her job is the opportunity to get to know each and every one of her patients and collaborating with them to design a treatment plan so they are able to get back to doing things that are most important to them.

Services Provided to the Adult Population

Our occupational therapists consider their role more than a profession - it is a passion for helping patients of all ages participate in daily living or live better with injury, illness, or disability! Treating the person as a whole, including their psychological, physical, emotional and social make-up, plays a key role in Sara, Margo, Lynda and Bailie's ability to help individuals reach their goals and achieve the highest level of function.

- **Activities of Daily Living (ADL)**
 - ADL Retraining / Education
 - Instrumental ADL
 - High Level ADL Assessment
 - Driver Off-Road Assessment (DORA)
- **Upper Extremity Rehabilitation** (hands, wrists, elbows, and shoulders)
- **Low Vision Rehabilitation**
- **Neurological Treatment** (post-stroke, brain injury, MS, MD, Parkinson's Disease)



Services Provided to the Pediatric Population

Pediatric occupational therapy focuses on assisting children to develop the skills they need to be independent and functional in their daily activities such as play, school, and self-care tasks. Our pediatric occupational therapists are patient and family-focused to determine the child's strengths, areas for improvement, and overall child/family goals. Lynda and Bailie work with children of various diagnoses/disabilities or after an injury or accident to maximize their function and quality of life. They can provide treatment for:

- **Sensory Processing Disorders**
- **Autism Spectrum Disorder**
- **ADD/ADHD**
- **Genetic Conditions**
- **Neurological conditions such as Cerebral Palsy**
- **Developmental Delay**
- **Fine Motor Coordination Delays**
- **Learning Delays**
- **Traumatic Brain and/or Spinal Cord Injuries**
- **Juvenile Rheumatoid Arthritis**
- **General Orthopedic Injuries and Surgeries**

Taylor Therapy's staff of occupational therapists are treating patients in clinics located in Denver, Nashua, Sumner, Parkersburg and at Waverly Health Center. Call the clinic nearest to you to learn more about occupational therapy services or to schedule an evaluation. You can also visit our website to learn more!

taylorphysicaltherapy.com/services/occupational-therapy



Taylor Physical Therapy

Waverly (319) 352-5644

Nashua (641) 435-4476

Parkersburg (319) 346-9783

Sumner (563) 578-5125

Denver (319) 406-0185